United for Seniors

United Way of Southwestern Pennsylvania
is committed to improving the lives of older adults
and enriching the lives of all.

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United Way of Southwestern Pennsylvania is leading innovative approaches to improving the lives of older adults by promoting their wellness, meeting basic needs and supporting family caregivers.

When you support United For Seniors, your donation helps:

- **Develop technologies** to identify seniors' health risks early, during weekly meal delivery or rides to appointments.
- **Provide educational and coaching services** for seniors including chronic disease self-management, medication management and injury prevention.
- **Fund home repairs and modifications** to make homes safer and more accessible for people to age in their homes.

United Way initiatives are making a difference.

- **Open Your Heart To A Senior** recruits and connects volunteers with seniors and family caregivers, providing in-home support including meal delivery, transportation and companionship.
- **United for Caregivers@Work** strategizes with companies to address the needs of employees caring for older loved ones.
- **PA 2-1-1 Southwest** provides a lifeline for seniors and family caregivers through a senior specialized resource navigator.

Together, we are making an impact.

- We helped **42,618 seniors** to meet basic needs and avoid hunger, homelessness and unsafe conditions.
- We supported **13,566 working caregivers** as they helped older loved ones age in place with dignity, while juggling caregiving responsibilities.
- Volunteers provided **15,900 rides** so that seniors could get to the grocery store, the doctors and more.
- 18 partner agencies mobilized more than **3,000 volunteers** to help more than 9,000 older adults through Open Your Heart to a Senior.

GIVE. ADVOCATE. VOLUNTEER.
MAKE AN IMPACT.

United Way
United Way of Southwestern Pennsylvania

United Way of Southwestern Pennsylvania serves Allegheny, Butler, Westmoreland, Fayette & Armstrong Counties.